Epidemiology, Prevention & Early detection of Carcinoma cervix

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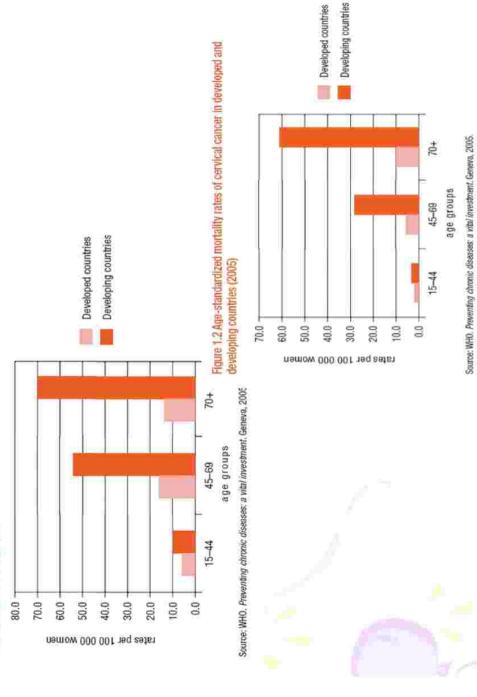
Cervical Cancer Facts

- Cervical cancer affects an estimated 490,000 women worldwide each year and leads to more than 270,000 deaths.
- About 85 percent of women who die from cervical cancer reside in developing countries. Each year, 75,000 women die from the disease in India alone.
- If current trends continue, by the year 2050 there will be over one million new cases annually.

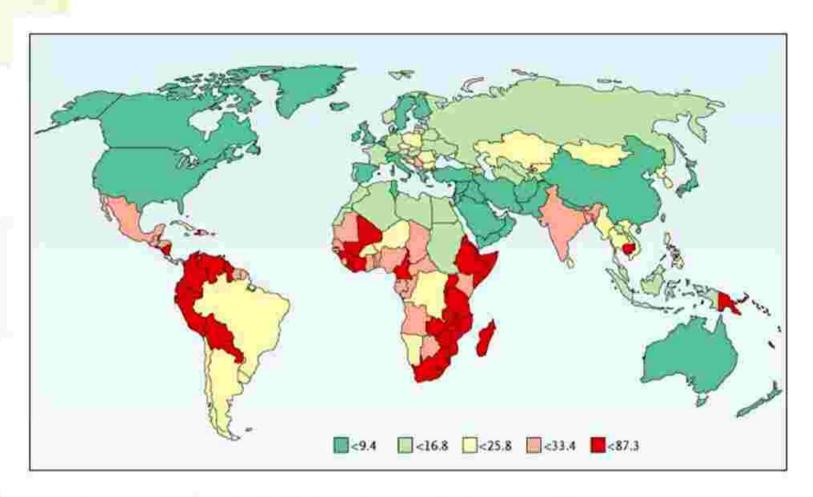
 Considerable uncertainty with respect to estimates of the global burden of cervical cancer.

 Tumor registries in these regions are frequently inadequate, making estimates difficult (cases may be greater than estimated)

Figure 1.1 Age-standardized incidence rates of cervical cancer in developed and developing countries (2005)



INCIDENCE OF CERVICAL CANCER WORLD WIDE



Numbers indicate cases per 100,000 population.

Data are from the International Association of Cancer Registries,

GLOBOCAN 2002.

Figure 1.3 Worldwide Incidence rates of cervical cancer per 100,000 temales (all ages), age-standardised to the WHO standard population (2005) <8.0 8.0 – 14.9 15.0 – 29.9 30.0 – 44.9 >45.0 Puegen

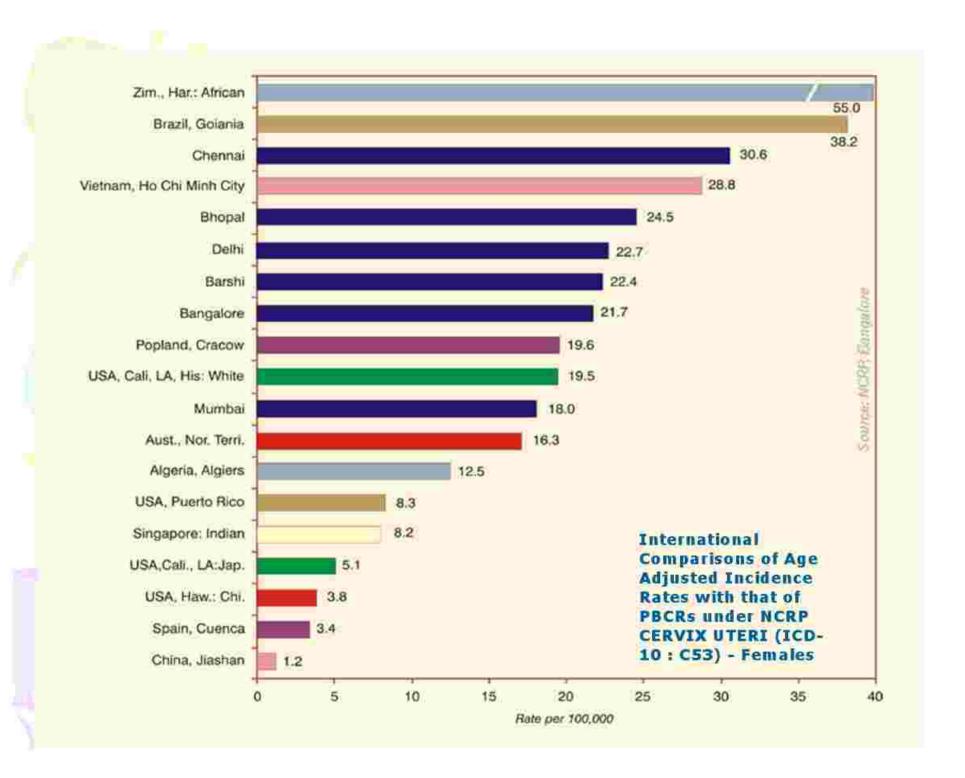


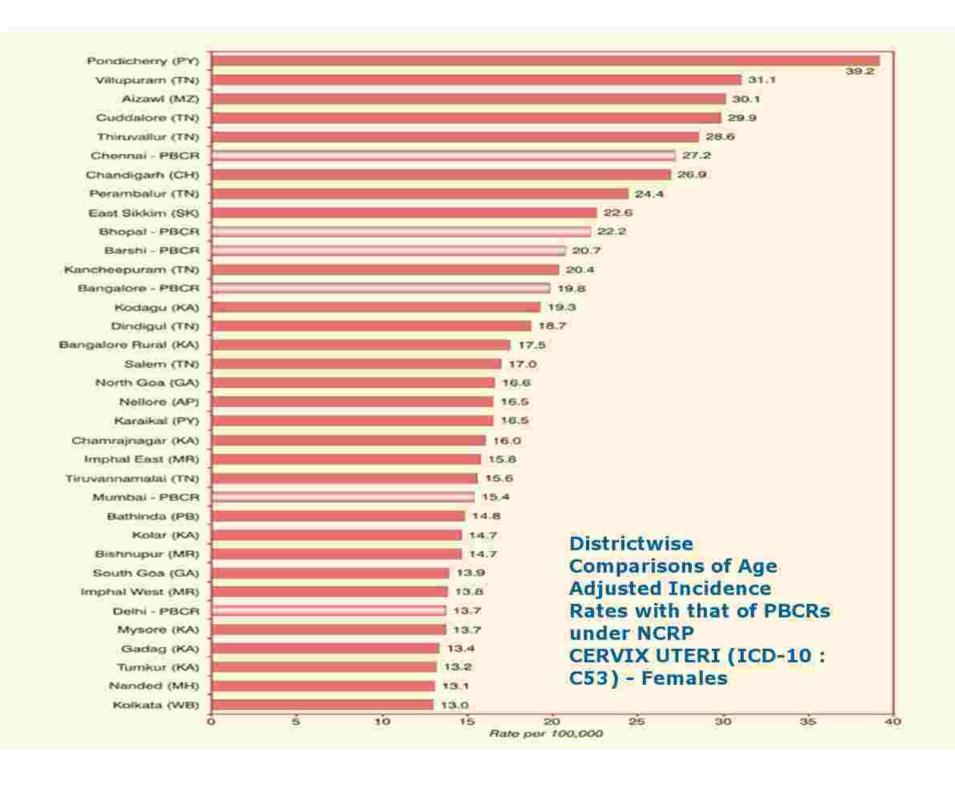
CERVIX (ICD-9: 180)

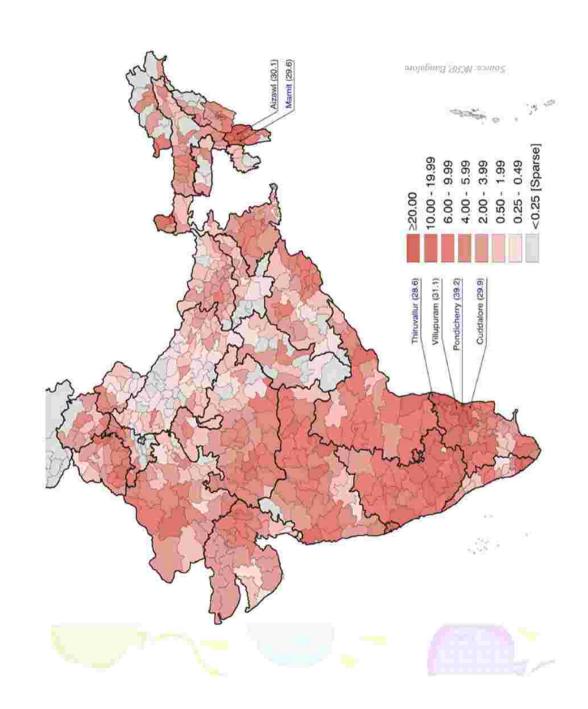
Numbers and Incidence

Registry	No.	%	ж	AAR
Bangalore	2523	21.5	-	26.1
Barshi	388	20.7	-	29.3
Bhopal	237	23.9	Ţ	21.7
Chennai	3320	26.9	-	30.7
Delhi	5153	19.9	2	56.6
Mumbai	4125	15.2	8	17.2







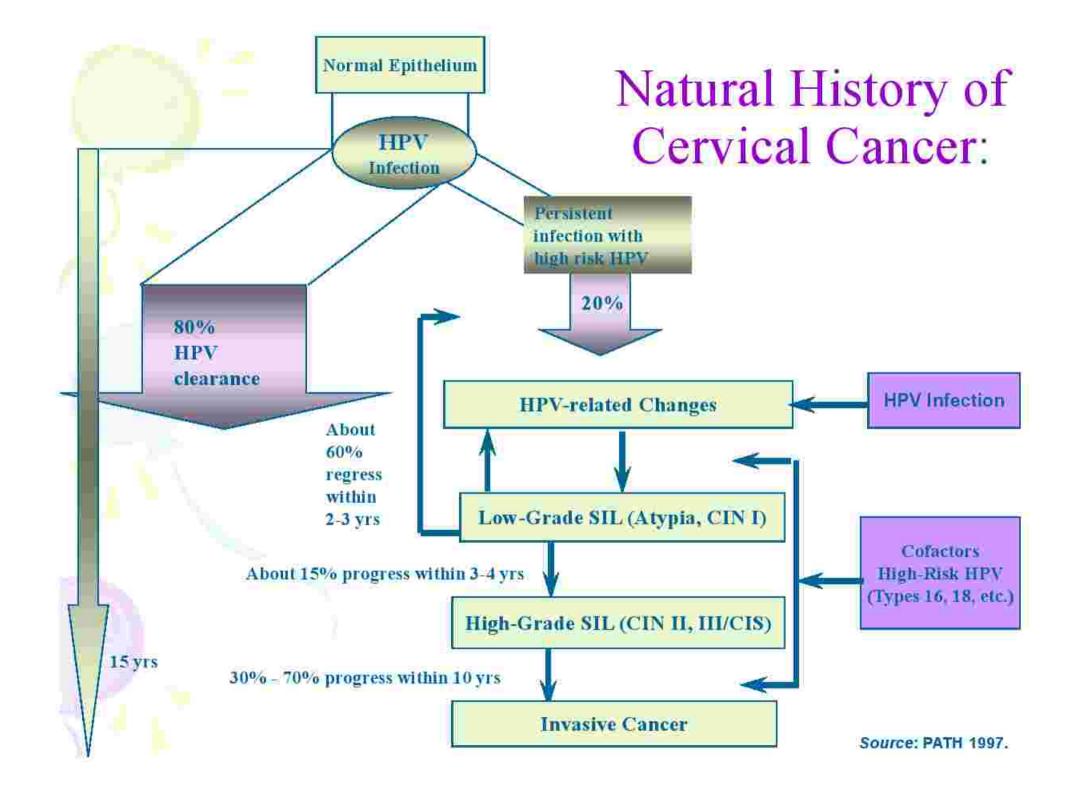


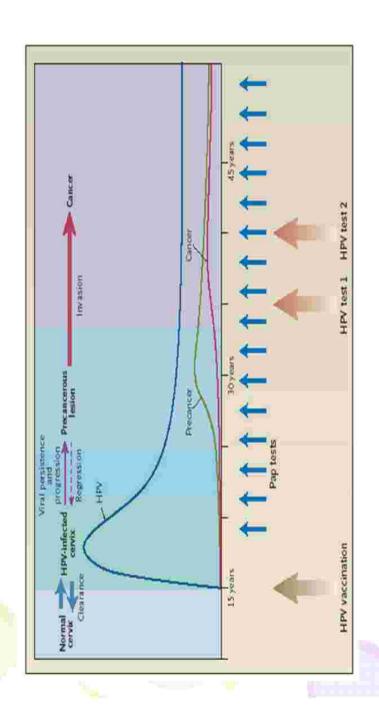
Cervical cancers

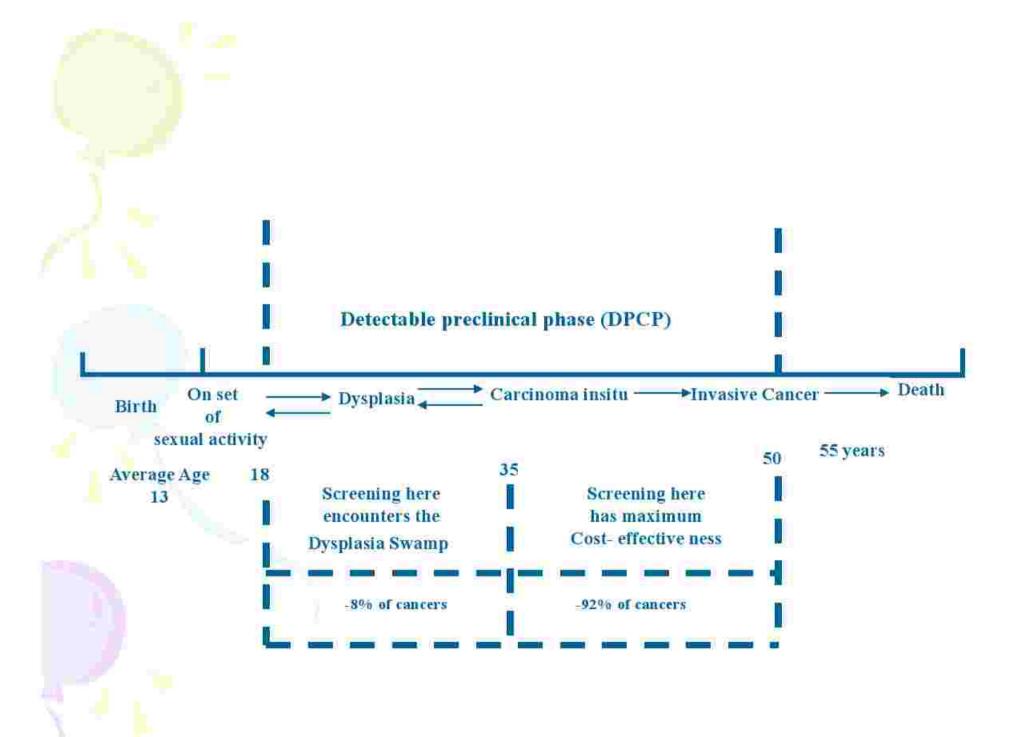
- CERVIX UTERI (ICD-10: C53) Females Chennai PBCR has had the highest incidence rate of cervical cancer among the Indian PBCRs. The districtwise MAARs indicate a belt of high incidence rates even higher than that in Chennai PBCR, in the North Eastern districts of Tamil Nadu State including Pondicherry which had the highest MAAR of 39.2/100,000.
- Incidence rates begin to rise in the early twenties in all registries and reach a peak in the 50-54 age group and only slowly thereafter.
- 90% of cases of cancer of the cervix were squamous cell carcinomas.
 Adenocarcinomas constituted 2-4% of all cervical cancers.

The main reasons for the higher incidence and mortality in developing countries are:

- Lack of awareness of cervical cancer among the population, health care providers and policymakers
- Absence or poor quality of screening programmes for precursor lesions and Early-stage cancer.
- Cancer tends to be diagnosed in its later stages, when it is less easily treatable.
- Limited access to health care services
- Lack of functional referral systems.







HPV

- Human papillomavirus (HPV), a common sexually transmitted infection, is the primary underlying cause of cervical cancer.
- HPV infection is a necessary but not sufficient precursor to cervical cancer.
- Detection of high risk HPV DNA is an indicator of development of high grade lesion.
- Preventing HPV transmission is very difficult. Barrier contraceptive methods are only partially effective because the virus can exist throughout most of the anogenital area (including areas not covered by male condoms) and can remain infectious for years.
- HPV cannot be treated, but infection becomes undetectable in the majority of cases.
- Prevalence varies among regions, it generally reaches a peak of about 20 percent among women aged 20 to 24, with a subsequent decline to approximately 3 percent among women over age 30.6

HPV

- Double stranded DNA virus of Papovaviridae family.
- >114 types described; 40 infect ano-genital tract.

- High risk types-16,18,31,33,35,39,45,51,52,58,59,68,73
- Low risk types- 6,11, 42, 43 and 44.

HPV and Cervical Neoplasia

 Virus encodes for 6 early or regulatory proteins (E1,E2,E4,E5,E6E and E7) and 2 late or structural proteins (L1 and L2).

Early region:

- Controls Viral replication
- Maintains a high intracellular viral copy number
- Produces onco-proteins which transfer the normal cell into a neoplastic cell.

The conditions or cofactors that lead HPV infection to persist and progress to cancer are not well understood

HPV-related cofactors:

- Viral type;
- Simultaneous infection with several oncogenic types;
- High virus load.

Host-related cofactors

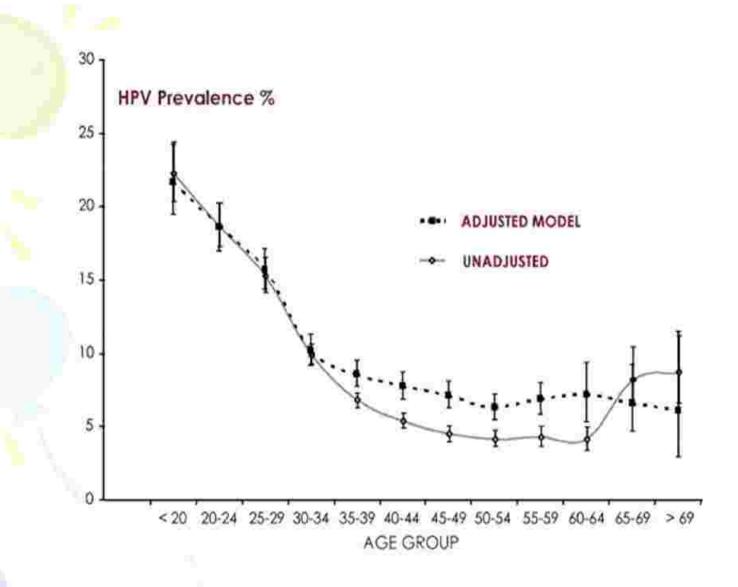
- Immune status: people with immunodeficiency have more persistent HPV infections and a more rapid progression
- Parity.

Exogenous cofactors:

- Tobacco smoking;
- Coinfection with HIV or other sexually transmitted agents such as herpes simplex virus 2 (HSV-2), Chlamydia trachomatis and Neisseria gonorrhoeae increase persistence.
- Long-term (> 5 years) use of oral contraceptives.

Natural history of HPV infections

- The eight most common HPV types detected in descending order of frequency are: HPV 16, 18, 45, 31, 33, 52, 58, and 35. These eight types of HPV are responsible for about 90% of all cervical cancers worldwide.
- The fraction of squamous cell carcinomas or adenocarcinomas attributable to HPV-16 and -18 was 70% and 86%, respectively.
- There is some data to suggest that HPV 16 persists longer, on average, than do other types of HPV.



Age-specific HPV prevalence among women with normal cytology. Crude and adjusted estimates are presented based on the meta-analysis of 78 studies..



Bethesda System Cervical Common Intraepithelial Dysplasia Neoplasia Terminology (CIN) system Unspecified Atypical Cellular Squamous cell of cellular changes atypia undetermined significance (ASCUS) Low grade CINI Mild Dysplasia Squamous intraepithelial lesions (LSIL) CINII High grade Moderate Squamous Dysplasia intraepithelial (HSIL) CIN III Severe Dysplasia includes carcinoma insitu (CIS)

Pathology

	CINT		CINI	CIN III & CIS	
Normal	Yery Mild Dysplasia	Mild Dysplasia	Moderate Dysplasia	100 at 10	Carcinema In situ
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Metaplastic Epithelium

Found at S-C junction.

- Originates from sub-columnar reserve cells under the influence of low vaginal pH.
- Eventually matures into 4-layered normal squamous epithelium and replaces columnar epithelium.

Dysplastic epithelium

- Cytologic atypia.
- Nuclear atypia.
- Increased mitotic activity.
- Cellular disorganization and loss of polarity.
- Extent of these abnormalities identifies the degree of dysplasia.

Various screening tests are available.

Regardless of the screening test used, the focus should be to maximize coverage and link screening and treatment services.

Cervical cancer screening is justified according to the listed criteria because:

- » Cervical cancer is an important public health problem in many resource-poor settings.
- » There is a recognized precursor stage that can be treated in a safe, effective, and acceptable way.
- » The time between the appearance of precancerous lesions and the occurrence of cancer is long (about ten years), leaving ample time for detection and treatment.
- » Treatment of early lesions is very inexpensive compared to the management of invasive cancer.

Qualities of a Good Screening Test?

- Effective
- Safe
- Practical
- Affordable
- Available

Screening for cervical neoplasia

CYTOLOGY

Cervical Cytology (PAP Test)

NONCYTOLOGY METHODS

- HPV-DNA testing
- VIA (Visual inspection of cervix with Acetic acid)
- VILI (Visual inspection of cervix with Lugol's Iodine
- Cervicography

Secondary Prevention of Ca.Cx.

- Key Point is to detect precancerous lesions – "Down staging"
- Answer: A good screening method
 - PAP smear test is considered to be the gold standard – Has limitations?
 - Alternatives to Pap Smear What are they?

Traditional screening methods: Conventional cervical cytology

Strengths of cytology

- Historical success in developed countries.
- High specificity, meaning women with no cervical abnormalities are correctly identified by the test with normal test results.
- A well characterized screening approach.
- May have the potential to be cost-effective in middle-income countries.

Minimum requirements for establishing cytology based screening program

- Well-trained Pap smear providers (including nonphysicians).
- Initial and ongoing access to supplies and equipment.
- Linkages, including transportation, to a reliable cytology laboratory.
- Proven systems for timely communication of test results to screened women.
- Effective referral systems for diagnosis and treatment.

*Well-organized and well-implemented cytology-based screening programs that screen women at regular intervals have been associated with measurable reductions in cervical cancer incidence and mortality when screening coverage and the treatment rate of women with abnormal findings are high.

*Cytology-based programs can be implemented effectively only if infrastructure and laboratory quality assurance requirements are consistently met.

Limitations of Pap Smears for National Screening Programs

- Pap smear-based programs require complex logistics, advanced training, and well managed program implementation for adequate testing to occur.
- These elements are not available outside large cities in many low-resource settings.
- Even in large cities, quality pap smears are possible but ongoing supervision, refresher training and continued supplies are necessary.
- Cytology is not viable as a nationally accessible screening method in many developing countries in Low Resource Settings.

Liquid-based cytology (LBC)

» Liquid-based cytology (LBC) testing is a new technique that provides a uniform thin layer of cervical cells without debris.

» It is a more expensive test than conventional cytology and requires additional supplies and sophisticated equipment to process the smear.

» The impact of LBC on cancer incidence and mortality remains to be established, as does its costeffectiveness.

Cervical Cancer Screening

Alternatives

- @Visual inspection with acetic acid (VIA)
- ② Visual inspection with acetic acid and magnification (VIAM): Gynescope or Aviscope
- @Colposcopy
- @Molecular (HPV/DNA) tests

HPV Testing Methods

- Non-amplified tests commercially available in U.S. since late 80s
 - Virapap/Viratype (dot blot assay for HPV 6/11, 16/18, 31/33/35)
 - HPV Profile (dot blot assay for HPV 6/11/42/43/44, and 16/18/31/33/35/45/51/52/56)
 - + Hybrid Capture-I (tube-based solution hybridization assay for same HPV types as Profile, sensitivity threshhold, ≥10pg/ml)
 - Hybrid Capture-II (microtiter-based solution hybridization assay; same HPV types as HC-I plus 39/58/59/68)
- Amplified tests (polymerase chain reaction--PCR) using various primers (most commonly MY09/MYII) are more sensitive but not available in standardized formats

Testing Methodologies

- Southern blotting
- Dot blot
- Filter in situ hybridisation (FISH)
- In situ hybridisation
- Hybrid captureHCI / HC II
- Polymerasechain reaction (PCR)
- Others: LCR, NASBA, in situ PCR

Limitations of HPV testing as a basis for screening programmes:

- The current costs of the equipment and reagents.
- The requirement to modify the paradigm of cervical screening with some implications in
- a) the adoption of new clinical protocols for the diagnosis and treatment of precancerous lesions and
- b) training health professionals.
- Transfer of the HPV testing technology to middle-income countries has to be proven and may require countryspecific evaluations.

Disadvantages of HPV DNA testing

- High costs of equipments and reagents
- Dependence on reagents currently produced by only a single commercial manufacturer.
- Requirement for a molecular diagnostic laboratory and its low specificity in younger women and populations with significant rates of HIV seropositivity.
- Does not provides results at the time of the visit or soon afterwards, thus many of the traditional barriers to cytological screening remain.
- The need to transport specimens to a laboratory for evaluation.
- The need to recall women to undertake diagnostic tests and provide treatment.

Visual inspection with acetic acid (VIA):

Performing a vaginal speculum exam during which a health care provider applies dilute (3-5%) acetic acid (vinegar) to the cervix

Abnormal tissue temporarily appears white when exposed to vinegar

Viewing the cervix with the naked eye (with or without magnification) to identify colour changes

Determining whether the test result is positive or negative for possible pre-cancerous lesions or cancer.

AIDED VISUAL SCREENING TEST IS A PROMISING APPROACH





- Is simple, non invasive & inexpensive test
- Has easy to learn approach
- Does not require laboratory involvement
- Is a real time test; Plan management during the same visit.
- Non-physicians can perform the procedure

As a result, Visual screening tests has the potential for greater population coverage than other screening approaches.

PATHOPHSIOLOGICAL CONCEPT OF VISUAL SCREENING TESTS-TRANSFORMATION ZONE, SQUAMOUS METAPLASIA





VISUAL INSPECTION OF CERVIX WITH ACETIC ACID (VIA)

Visualization of the acetic acid- washed cervix using a good light source to facilitate cervical cancer screening & possibly to guide biopsy & treatment of pre-invasive lesions







VISUAL INSPECTION WITH LUGOL'S IODINE

Visualization of Lugol's iodine washed cervix using a good light source to differentiate mat. Sq. epithelium from imm. Sq.ep or dysplastic ep to facilitate cervical cancer screening & possibly to guide biopsy &Rx of pre-invasive lesions



VILI NEGATIVE



VILIPOSITIVE



VILIPOSITIVE

Cervix Cancer Screening Trials in India

Authors	Place	Location	Method	Provider
Kattukaran A et al (2002)	Vellore	Clinic	Pap	Tech
Sankaranarayanan R et al (2003)	TVM	Community	VIA, VILI, Pap	HW
Basu P et al (2003)	Kolkata	Community	VIA, VIAM, Pap	HW
Sankaranarayanan R et al (2003)	Ambillikai, Barshi, Kolkata, TVM	Community	VIA, VIAM, VILI Pap, HPV	
Sankaranarayanan R et al (2004)	Ambillikai	Community	VIA	HW
Bhatla N et al (2004)	Delhi	Clinic	VIA VILI	
Sankaranarayanan R et al (2004	Multicentre	Community	Pap	Cytotech
Sankaranarayanan R et al (2004)	Multicentre	Community	VIA, VILI	HW

Cervix Cancer Screening Trials in India

Authors	Place	Location	Method	Provider
Sankaranarayanan R et al (2004)	Multicentre	Community	HPV	Tech.
Dinshaw KA et al (2004)	Mumbai	Community	VIA	HW
Shastri SS et al (2005)	Mumbai	Community	VIA, VIAM, VILI, HPV, Pap	HW

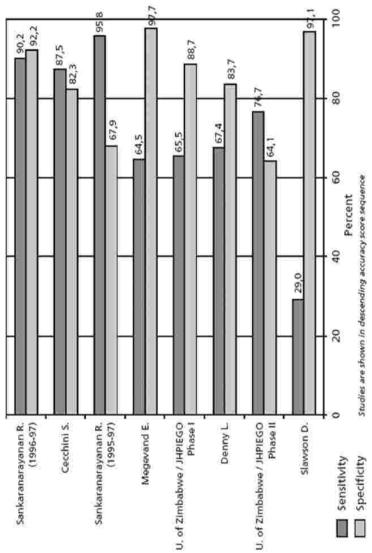


Figure 2. Sensitivity and specificity of VIA (%) for CIN II or worse, by study

Appendix 1.1. Characteristics of Screening Tests

Characteristics	Cervical cytology	Newer screening tests		
		HPV DNA test	Visual Inspection Tests	
			Visual inspection with acetic acid (VIA)*	Visual inspection with Lugol's iodine (VILI)*
Sensitivity and specifidty for high- grade lesions and invasive cancers	Sensitivity = 47-62%** Specificity = 60-95%** Cytology has been assessed over the last 50 years in a wide range of setting in both developed and developing countries.	Sensitivity = 66-100% ** Specificity = 62-96% ** HPV DNA testing has been assessed over the last decade in many setting in developed countries and relatively few setting in developing countries.	Sensitivity = 67-79% ** Specificity = 49-86% ** VIA testing has been assessed over the last decade in many setting in developing countries.	Sensitivity = 78-98%** Specificity = 73-91%** VILI testing has been assessed by IARC over the past 3 years in India and 3 countries in Africa. It needs to be evaluated by others in additional setting to confirm the reproducibility of the above results.
Number of visits required for screening and treatment	Requires 2 or more visits.	Requires 2 or more visits.	Can be used in a single-visit approach in setting where outpatient treatment is available.	Can be used in a single- visit approach in setting where outpatient treatment is available.

^{**}Source Sankaranarayanan et al forthcoming Sensitivity is the proportion of individual correctly identified by the test as having disease. Higher sensitivity means that fewer lesions will be missed (i.e., there will be fewer negatives). Specificity is the proportion of individuals correctly identified by the test as NOT having disease. Higher specificity means that there will be fewer false positives.



ROLE OF COLPOSCOPY IN SCREEN POSITIVE CASES

- To confirm the screening tests
- To locate, evaluate the extent of lesion and thus to grade the lesion
- To direct the diagnostic biopsy at SCJ on the worst appearing area
- Triage the management of CIN in the OPD settings and also for See & treat option for screen positives in single sitting at the screening camp.





Approaches to Cervical Cancer Prevention in Low-resource Settings

_	Effective	Safe	Practical	Affordable	Available
Visual Inspection: AA	Yes	Yes	Yes	Yes	Yes
Visual Screening: Unaided	No	Yes	Yes	Yes	Yes
Automated Pap Screening	Yes?	Yes	?	No	No
HPV Screening	Yes	Yes	?	?	Yes
Cervicography	Yes?	Yes	?	?	Yes
HPV Vaccine	?	?	Yes	?	No

Source-Program for Appropriate Technology in Health [PATH] 1997.

SCREENING GUIDELINES FOR CERVIX CANCER

- 30-65 years Once in 3-5 years
- Primary screening with VIA-VILI
- Test positives should receive Pap or HPV followed by Colposcopy, Diagnostic confirmation and treatment

Routinely Look For

- Post menopausal bleeding PV.
- Intermenstrual bleeding PV.
- Post-Coital bleeding PV.

Linking screening and treatment

» Regardless of the screening test used, screening must be linked to treatment to ensure program effectiveness.

» This can be done using

■ Traditional approach (screen, diagnose, confirm, and treat)

■ Intermediate approach (screen, diagnose, and treat with post-treatment biopsy confirmation)

Screen-and-treat approach (treatment is based on the results of screening test alone).

TREATMENT OPTIONS FOR CIN

There are several outpatient treatment options available for treating precancerous lesions

In general treatment options are:

- 1. No treatment- close follow-up
- 2. Ablative methods:

Cryotherapyoutpatient Trt Electrocautery.... outpatient Trt LASER vaporization

3. Excisional methods:

LEEP..... outpatient Trt
Conisation
Hysterectomy

Cryotherapy

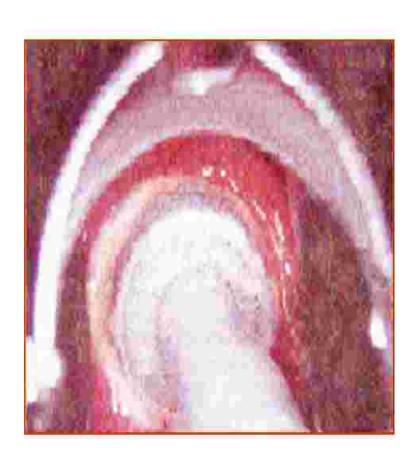
- » Cryotherapy is the most practical treatment approach for most low-resource settings given its simplicity and low cost.
- » Cryotherapy is a relatively simple procedure that destroys precancerous cells by freezing the cervix, using compressed carbon dioxide (CO2) or nitrous oxide (N2O) gas as the coolant.
- » Cryotherapy is performed using a single-freeze or doublefreeze technique.
- » Cryotherapy is an outpatient procedure that can be performed easily and quickly (in 15 minutes or less) without anesthesia.
- » It can be safely and effectively performed by general practitioners and non-physicians

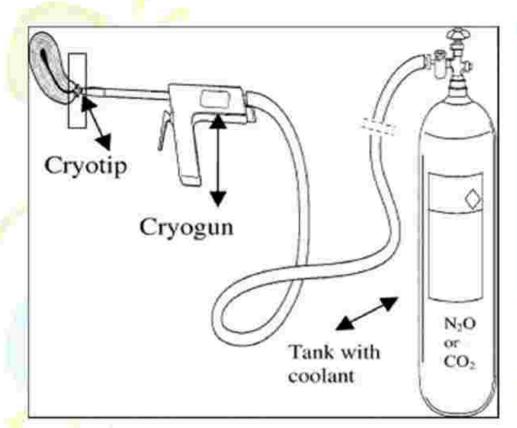
TREATMENT POLICY

Cryotherapy:

All the following criteria should be fulfilled-

- Fully visible CIN lesions (of any grade on the ectocervix occupying less than 75% of the TZ.
- No extension into endocervical canal
- SCJ fully visible
- Invasive cancer has been excluded
- Biopsy has taken







Cryotherapy equipment

Cervix immediately after cryotherapy

Complications

- » Complications associated with cryotherapy are minimal.
- » Severe bleeding and pelvic inflammatory disease, two of the most serious.
- » Potential complications, are extremely rare in women treated with cryotherapy.
- » No evidence that cryotherapy is linked to cervical stenosis or has any long-term impact on women's fertility or pregnancy outcomes

Disadvantages of cryotherapy

- » Destroys the tissue, no tissue sample is available to confirm that the entire lesion has been removed.
- » Not possible to establish whether it is an early invasive lesion requiring further treatment.
- » Cryotherapy is not appropriate for treating large lesions that cannot be covered by the probe or lesions located in the endocervical canal.

Loop electrosurgical excision procedure (LEEP)

LEEP utilizes a thin electric wire in the form of a loop to remove the abnormal area of the cervix.

Advantages

- » Simple surgical procedure and that the excised tissue can be sent for histopathological confirmation,
- » Allows the exact nature of the lesion to be determined and unsuspected microinvasions to be detected.

Disadvantages

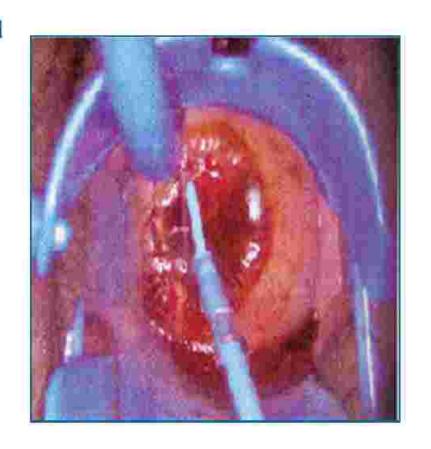
- » Severe bleeding is a possible complication both during and after the procedure, occurring in 1% to 4% of patients
- » More sophisticated equipment is required compared with cryotherapy.

Loop Electrosurgical Excision Procedure (LEEP) Vagina Loop Tool Speculum Cervix Loop Tool -

LEEP/ Cold knife conisation:

One of the following criteria should be fulfilled

- Fully visible CIN lesion of any grade occupying >75% or TZ.
- CIN lesion of any size extending into the endocervical canal.
- CIN lesion associated with unsatisfactory Colposcopy.



Comparision of cryotherapy and LEEP

Indicator	Cryotherapy	LEEP
Effectiveness	86-95%*	91-98%*
Potential side effects	Watery discharge	Bleeding
Anesthesia	None required	Local anesthesia necessary
Tissue sample for histopathology	No	Yes
Power required	No	Yes
Relative cost	Low	High
Level of provider	Physician and non- physicians	Mostly by physicians

Source: Adapted from Bishop 1995

^{*}ACCP 2003, Martin-Hirsch et al. 2004

Vertical versus integrated programs

- » They include political commitment to integration in the existing health structure,
- » competing health priorities,
- » existing national policy on cervical cancer prevention,
- » availability of personnel and material resources,
- » requirements for a shift in resources, and donor preferences and commitment of resources.

Effectiveness of a screening programme

Reduction in incidence and mortality from cervical cancer screening programme are affected by factors such as

- Access to screening,
- Participation,
- Compliance to investigations, treatment and follow-up
- Quality of treatment, ...

Do not depend only on the accuracy of screening

HPV Vaccines

- The US Food and Drug Administration (FDA) approved Gardasil [Quadrivalent HPV (Types 6, 11, 16, 18) Recombinant Vaccine], the first HPV vaccine for children and young adults, female, ages 9-26 years.
- Gardasil is manufactured by Merck & Co., Inc: vaccine, protects against HPV types 16 and 18, which are responsible for about 70% of all cervical cancers,
- GlaxoSmithKline has also developed its bivalent HPV vaccine, <u>Cervarix</u> for HPV types 16 and 18. It will be submitted for regulatory approval in Europe and countries outside the USA.
- Clinical research has shown that both vaccines are safe and effective in preventing infection with the HPV 16 and 18 types.
- The two HPV vaccines under consideration are considered "prophylactic" rather than "therapeutic" vaccines and optimally should be administered prior to natural exposure to the vaccine HPV types.

Unresolved issues

Target populations

Optimal age groups for vaccination: logistics of administering a series of three injections to adolescents or preadolescent girls, and the relative benefits of also vaccinating males.

- Other age groups for vaccination
- Vaccination of males
- Need for boosters
- Introduction in developing countries
- Impact of vaccination on screening programs

Introduction in developing countries

- Assuring a mechanism for service delivery,
- Providing funding for vaccination,
- Surveillance of vaccine coverage and safety,
- Sustaining and improving coverage rates,
- Creating awareness of the need for vaccination in the professional, public, and political communities through advocacy efforts in order to generate the political will to support vaccination are all critical for a successful vaccination system

Introduction in developing countries

- What do the various audiences know about cervical cancer?
- What sociocultural barriers may impede acceptance of HPV vaccine?
- What current policies may support or constrain health care for adolescents?
- In the opinions of the respondents, how can the vaccine be delivered most effectively to girls aged 10 to 14?
- How can HPV vaccine be integrated into (and strengthen) existing health programs,
- What aspects of the current medical system may need to be altered in order to reach older children and young adolescents?
- The importance of collaboration between reproductive health, immunization, child and adolescent health and cancer control programmes.

Impact of vaccination on screening programs

- 9–13 year old --impact will be seen 20-40 yrs later.
- "Catch-up" vaccination of older, sexually active women --lower rates of coverage.
- Screening and treatment services will still be required, because the vaccines only prevent about 70% of cervical cancer cases.
- Cross-protection against other "high-risk" types possible but the extent and duration of cross-protection is currently unclear.

Second generation vaccines

Second generation vaccines that address the limitations of the current VLP vaccines are under development. Examples include

- Mucosal deliver of VLPs,
- Chimeric VLPs containing E7 polypeptides to function as combined prophylactic/therapeutic vaccines, and
- L2 minor capsid protein-based vaccines to induce protection against more HPV types.

However, none of these strategies is sufficiently advanced to warrant large-scale efficacy trials at the present time.

Service Programmes



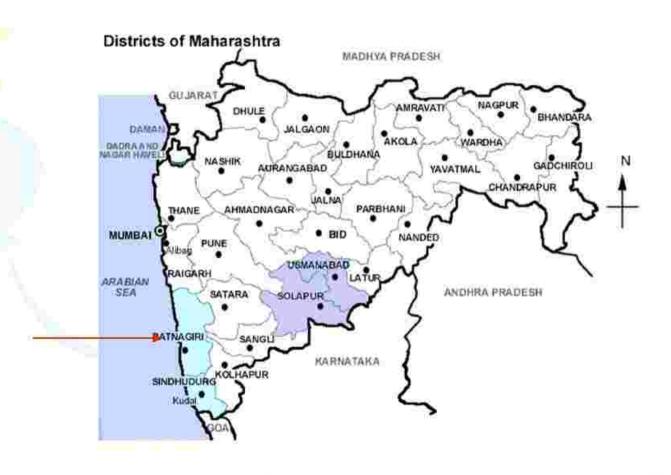




TATA MEMORIAL CENTRE RURAL OUTREACH PROGRAM (TMCROP)

B.K.L..Walawalkar Hospital, Dervan

TMCROP (2003-2007) (Tata Memorial Centre Rural Outreach Program) DAE Xth Plan Project



Oral, Cervix and Breast Cancer Screening Program

Project Implemented in four stages

1- Household Survey

2- Health Awareness

3- Screening Camp

4- Definitive T/t & Follow Up

1526 villages from Ratnagiri District & 742 villages from Sindhudurg District

HEALTH AWARENESS PROGRAMME









SELECTION OF CAMP SITES







Screening Camp



Female Registration Counter

Male Registration Counter





SCREENING FOR ORAL BREAST & CERVICAL CANCERS





Progress till June 2007

- Household surveys covered 10,75,589 population spanning 1057 villages in 8 Tehsils.
- 2,27,204 no. of persons were listed as eligible for screening.
- 1,01,050 population was covered under Health Awareness Programme in Ratnagiri District
- 7,10,078 population (Male & Female) covered till date under community Cancer Screening Services.
- Total 438 frank malignancies (Breast 88, Cervix 56, and Head & Neck 293) have been detected and treated till date.

National level Training Programme in Preventive Oncology



February 6-7, 2005.



Human Resource Development

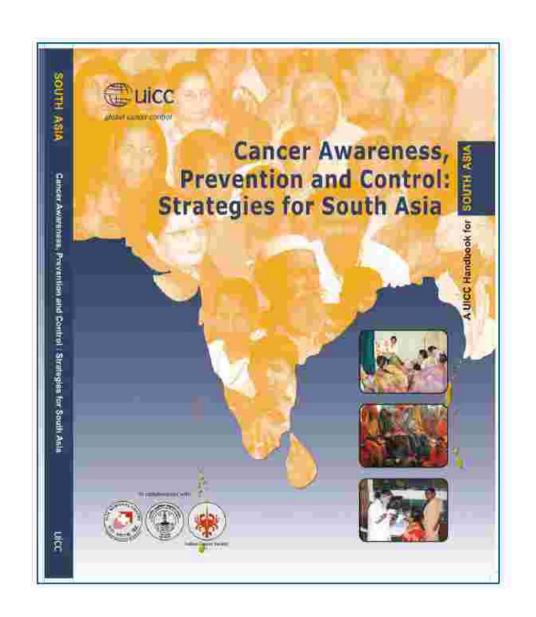
Training programme on the practice of evidence based screening for common cancers in India and in the planning & management of rural community based cancer screening and treatment strategies.





BLUE PRINT FOR A DISTRICT CANCER CONTROL PROGRAMME

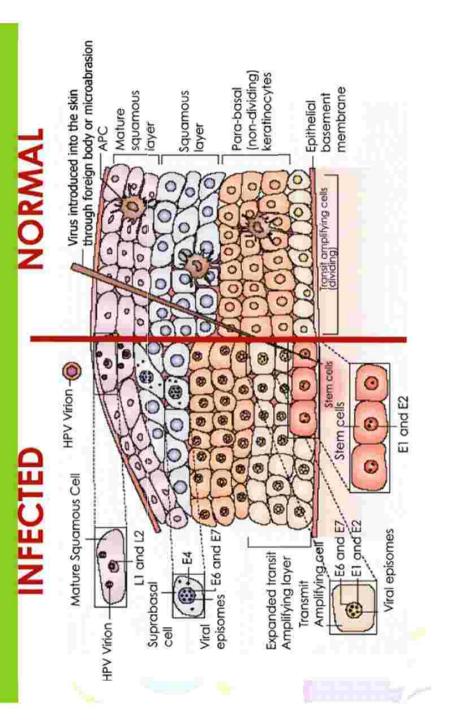
- PROGRAM GOALS
- DISTRICT SELECTION
- PLANNING OF LOGISTICS & RESOURCES
- RECRUITMENT & TRAINING OF HEALTH CARE STAFF
- COLLECTION OF BASELINE AND CANCER DATA
- COMMUNITY INFORMATION AND EDUCATION PROGRAMME
- PLANNING OF EFFECTIVE CANCER SCREENING SERVICES
- SETTING UP DIAGNOSTIC & TREATMENT SERVICES
- DYNAMIC DATA MANAGEMENT AND SERVICES EVALUATION
- QUALITY ASSURANCE, MONITORING AND EVALUATION



Global strategy to eliminate cervical cancer

through appropriate research, such as

- Economic analysis and acceptability studies,
- Training,
- Education,
- Communication,
- Building and strengthening political will through advocacy,
- Legislation and evidence-based policy formulation.



Primary prevention

- Education and awareness-raising to reduce high-risk sexual behaviours
- Implementation of locally appropriate strategies to change behaviour
- The development and introduction of an effective and affordable HPV vaccine
- Efforts to discourage tobacco use, including smoking.