

# Recent Advances in Chemo and Targeted therapy of NSCLC

Tarun Puri MD, DNB, ECMO

# Disclosure

- Medical Advisor Oncology Eli Lilly
- Opinion expressed in this presentation is of the speaker and not reflective of recommendations of "Eli Lilly and company"

#### Worldwide incidence for lung cancer

#### Lung cancer is the most common cancer in the world

Lung Gancer	Incidence
World	>1.3 million
Continent	% of World
Asia	49
Europe	28
North America	17
Central/South America	4
Africa	1

• Lung cancer is the most common cause of cancer deaths in the world

Kamangar et al. J Clin Oncol. 2006;24:2137-2150.

## NSCLC: Survival by stage at diagnosis\*



\*Historical data; recent developments and increases in survival not reflected Adapted from Greene FL, et al (eds). *AJCC Cancer Staging Manual*. 6th ed. 2002.

# Why Are The Survival Rates So Low?

- Majority present with late-stage disease
  - Effective and efficient screening tools needed
- Older patients with significant co-morbidities
  - 80% are current or former smokers
- Chemotherapy (and radiation) only somewhat effective
  - Why? How are cells resistant?
  - Who should we target? What drugs should we use?

# **Standard Therapy for NSCLC**

- "Early stage" surgical resection
  - Benefit of adjuvant chemotherapy for appropriate patients
- "Locally advanced" combined radiation and chemotherapy
  - Sometimes surgery
- "Advanced" or metastatic palliative chemotherapy and/or radiation
  - Combinations of chemotherapy agents
  - Newer targeted drugs

#### Systemic Treatments for advanced NSCLC patients

Chemotherapy

Cisplatin, carboplatin, gemcitabine, paclitaxel, docetaxel, vinorelbine, pemetrexed, irinotecan, etoposide etc.

Targeted therapy

Gefitinib, erlotinib, bevacizumab, cetuximab etc.

#### **Selecting treatments for patients**

#### Clinical selection

Stage, Performance Status, Age, Pathology, Gender, Smoking status, Ethnicity

Molecular selection

EGFR mutation / FISH, k-ras mutation, Thymidylate synthase etc.

#### Individualized treatment for NSCLC



Walgren, R. A. et al. J Clin Oncol 2005 ; 23:7342-7349

# **Definition of a "Biomarker"**

"Indicator signaling an event or condition in a biological system or sample and giving a measure of exposure, effect, or susceptibility\*."

- Nordberg M, et al. Pure Appl Chem 2004;76:1033-1082.

- Blood, bodily fluids and/or tissue
- Reproducible
- Affordable
- Technically feasible
- Results in something clinically meaningful

\* Note: Such an indicator may be a measurable chemical, biochemical, physiological, behavioral or other alteration within an organism.

# **Biomarkers**

#### **Predictive marker:**

 Characteristic of a patient or a tumor that identifies a subgroup within which <u>the effect of a treatment</u> will be different from those who do not have this feature

#### **Prognostic marker:**

Characteristic that identifies a subgroup who will have a different outcome regardless of treatment effects

## Biomarkers in NSCLC: Simple histology

- Within NSCLC are subcategories of squamous, adeno, BAC, and large cell:
  - Squamous (Sq) histology is associated with:
    - High level of thymidylate synthase (TS)
    - EGFR expression but not mutations
    - Rare K-ras mutations
  - Adenocarcinoma histology is associated with:
    - EGFR mutations
    - K-ras mutations
- Histology now plays an important role in treatment selection:
  - "not otherwise specified" is no longer an acceptable distinction

# Biomarkers in NSCLC: EGFR pathway



# Biomarkers in NSCLC: EGFR pathway

#### Quantification of EGFR

- IHC intensity of staining
- FISH overexpression
- Function of EGFR
  - Activating mutations
  - Resistance mutations

#### Biomarkers in NSCLC: Downstream in the EGFR pathway

- 3 genes H-ras, K-ras, N-ras
- Ras mutations are detectable in ~20% of lung cancers, usually in smokers
  - 90% of mutations are due to K-ras
- K-ras mutations appear to be important for:
  - EGFR TKI therapy as a negative predictor of response
  - Lack of responses to adjuvant cisplatin-vinorelbine chemotherapy

# Biological Correlates: What goes in...

Quality of any biomarker study will depend on what goes into it:

- Characteristics of the disease
- Characteristics of the individual patient
- Characteristics of the actual sample:
  - How many patients participate?
  - Quality of the samples?
    - blocks vs. slides
  - Consistency and reproducibility of testing?

## ADVANCED-NSCLC TREATMENT "Old" CT Cis-based > BSC



Should chemotherapy combinations for advanced non-small cell lung cancer be platinum-based? A meta-analysis of phase III randomized trials



**Fig. 3** Overall response rate with platinum-based vs. non-platinum chemotherapy regimens. The summary odds ratio for the risk of being non responder to chemotherapy was 0.87 (95% CI, 0.73–0.99, p = 0.049) indicating a 2.5% benefit for response for patients treated with a platinum-based chemotherapy doublet (\*, data non available).

ng regimens iction in the latinum-free

chemotherapy without a perceptible increase in risk of toxic-death.



with platinum-based vs. non-platinum chemotherapy regimens. The summary odds ratio /ear was 0.88 (95% CI, 0.78–0.99, p = 0.044) indicating a 2.94% survival benefit at 1 year atinum-based chemotherapy doublet.

#### **ECOG 1594: Treatment Schema**

Stage IIIB or IV NSCLC patients

Stratified by:

 Extent of disease

- **PS**
- Weight loss
- Brain metastases

R	Arm A*	Paclitaxel: 135 mg/m², day 1
A	q 3 wk	Cisplatin: 75 mg/m², day 2
N D O	Arm B q 4 wk	Cisplatin: 100 mg/m <sup>2</sup> , day 1 Gemcitabine: 1000 mg/m <sup>2</sup> , days 1, 8, 15
M	Arm C	Docetaxel: 75 mg/m <sup>2</sup> , day 1
Z	q 3 wk	Cisplatin: 75 mg/m <sup>2</sup> , day 1
Z	Arm D	Paclitaxel: 225 mg/m <sup>2</sup> , day 1
E	q 3 wk	Carboplatin: AUC=6, day 1

\*Control arm.

Schiller JH, et al. J Clin Oncol 2002;346:92-98

#### ECOG 1594: Kaplan-Meier Estimates of Overall Survival



Schiller et al. *N Eng J Med* 2002; 346:92-98

#### Challenge in 2000 : Which drug to choose?



Cisplatin / Carboplatin Gemcitabine **Docetaxel Vinorelbine Paclitaxel** 

## Treatment selection based on clinical parameters

Pathology Gender Smoking status Performance status Age Response/reaction to therapy



Annals of Oncology 15: 419–426, 2004 DOI: 10.1093/annonc/mdh087

# ECOG performance status 2: results of an European Experts Panel Treatment of advanced non-small-cell lung cancer patients with

C. Gridelli<sup>1\*</sup>, A. Ardizzoni<sup>2</sup>, T. Le Chevalier<sup>3</sup>, C. Manegold<sup>4</sup>, F. Perrone<sup>5</sup>, N. Thatcher<sup>6</sup>, N. van Zandwijk', M. Di Maio<sup>2</sup>, O. Martelli<sup>8</sup> & F. De Marinis<sup>8</sup>

<sup>2</sup>Department of Medicine, Institute Gustave Roussy, Villejuif, France; <sup>4</sup>Department of Medical Oncology, Thoraxklinik, Heidelberg, Germany; <sup>5</sup>Clinical Trials Unit, <sup>2</sup>Division of Medical Oncology, 'S.G.Moscati' Hospital, Avelling, <sup>2</sup>Department of Medical Oncology, National Institute for Cancer Research, Genoa, Italy; Netherlands Cancer Institute, Amsterdam, The Netherlands; <sup>3</sup>Fifth Pulmonary-Oncology Unit, Lung Disease Department, Forlanini Hospital, Rome, Italy National Cancer Institute, Naples, Italy; "Department of Medical Oncology, Christie Hospital, Manchester, UK; "Department of Thoracic Oncology,

Received I July 2003; revised 7 October 2003; accepted 27 October 2003

Treatment of advanced non-small-cell lung cancer patients with ECOG performance status 2: results of an European Experts Panel

 Table 4. Consensus on treatment of patients with advanced

 NSCLC and ECOG PS2 in clinical practice

Preferred option

Single-agent chemotherapy with a third generation drug (e.g. gemcitabine, vinorelbine, taxanes)

Alternative options

Carboplatin-based doublets

Cisplatin-based doublets with attenuated doses of cisplatin

NTERNATIONAL CONSENSUS EXPERTS PANEL "Treatment of advanced non small cell lung cancer in the elderly"	Istituto Piccole Ancelle di Cristo Re - Posillipo (Italy)	SPECIAL ARTICLE	Treatment of Advanced Non–Small-Cell Lung Cancer in the Elderly: Results of an International Expert Panel	Cesare Gridelli, Matti Aapro, Andrea Ardizzoni, Lodovico Balducci, Filippo De Marinis, Karen Kelly, Thierry Le Chevalier, Christian Manegold, Francesco Perrone, Rafael Rosell, Frances Shepherd, Luigi De Petris, Massimo Di Maio, and Corey Langer
April 19 th, 2004 <b>"Treatment of advanced non small cell l</b>	VOLUME 23 · NUMBER 13 · MAY 1 2005	JOURNAL OF CLINICAL ONCOLOGY	Treatment of Advanced Non–Small-Cell Lung Canc the Elderly: Results of an International Expert Panel	Cesare Gridelli, Matti Aapro, Andrea Ardizzoni, Thierry Le Chevalier, Christian Manegold, Fran Petris, Massimo Di Maio, and Corey Langer

Treatment of Advanced Non–Small-Cell Lung Cancer in the Elderly: Results of an International Expert Panel

# Table 5. Treatment Options for Elderly Patients With Advanced NSCLC in Clinical Practice

Single-agent chemotherapy with a third-generation drug (eg, vinorelbine, gemcitabine, taxanes) in PS 0-2 patients

Platinum-based (cisplatin or carboplatin) doublets in fit patients (PS 0-1) selected for adequate organ function

Best supportive care (in addition to chemotherapy or as exclusive therapeutic option for those patients unsuitable for active treatment)

# NSCLC: 2003 ASCO treatment recommendations for advanced disease

- Chemotherapy prolongs survival and is most appropriate for individuals with good performance status (PS 0 or 1, and possibly 2)
- Chemotherapy should be a platinum-based two-drug combination regimen
- Non-platinum containing regimens may be used as alternatives to platinumbased regimens. For elderly patients, or patients with PS 2, available data support the use of single-agent chemotherapy
- Chemotherapy should be stopped at 4 cycles in patients who are not responding to treatment, and should be administered for no more than six cycles
- If chemotherapy is to be given it should be initiated while the patient still has good PS

## Treatment selection based on clinical parameters

Pathology Gender Smoking status Performance status Age Response/reaction to therapy

#### Lung Cancer - Histology



#### Adenocarcinoma



#### **Squamous cell Carcinoma**



Large cell Carcinoma

## Adenocarcinoma

- Cancer arising out of glandular tissues
- Most frequent type diagnosed in lung cancer (30 40%)
- Common in smokers and non-smokers
- More common in women than in men
- Usually arise in the peripheral areas of lung and metastasize quickly
- Bronchoalveolar carcinoma (BAC) is a subtype of adenocarcinoma and is found more in women and is associated with scars of tuberculosis
- Early diagnosis is rare and prognosis is poor

#### Squamous cell carcinoma

- Accounts for 30% of lung cancers
- Strongly associated with smoking
- Tend to be more centrally located
- Forms necrotic cavities, that can be seen on X-rays
- Cell doubling rate is slow and surgical resection leads to a 30%
   5 year survival rate
- 5 year survival rate of all SCC is 5 7%

# Trends in squamous cell carcinoma and adenocarcinoma incidence rates in Europe<sup>1</sup>



#### Histology may be used to determine treatment approach and may also be prognostic

**Lilly Oncology**1. Devesa SS, et al. Int J Cancer. 2005;117:294-299.
2. Cancer Research UK (www.cancerresearchuk.org).

#### H3E-MC-JMDB Schema



- The primary endpoint: **non-inferiority, overall survival.**
- The Largest trial ever reported in this setting with 1,725 patients from 177 sites in 26 countries\*

# Pem/cisplatin is similar to Gem/cisplatin: Overall survival (overall population)



Scagliotti GV et al, J Clin Oncol 2008 20;3543-51

#### Pem/Cis vs. Gem/Cis



Scagliotti GV et al, J Clin Oncol 2008 20;3543-51

# Is the toxicity profile different among the histology groups examined in this study?

#### Grade 3 or 4 Toxicity: Pemetrexed + Cisplatin

G 3/4 Toxicity	Adenocarcinoma (n=425)	Large Cell Carcinoma (n=76)	Other Histology (n=103)	Squamous Carcinoma (n=235)
Neutropenia	15.5%	14.5%	12.6%	15.7%
Anemia	4.0%	3.9%	9.7%	7.2%
Thrombocytopenia	3.1%	2.6%	6.8%	5.1%
Leukopenia	4.0%	3.9%	4.9%	6.4%
Febrile neutropenia	1.4%	0.0%	1.9%	1.3%
Alopecia (all grades)	14.1%	11.8%	4.9%	11.1%
Nausea	7.3%	11.8%	7.8%	5.1%
Vomiting	5.4%	6.6%	9.7%	5.5%
Dehydration (all grades)	4.0%	3.9%	4.9%	2.1%
Fatigue	6.4%	7.9%	6.8%	6.8%

 No clinically relevant differences were observed for the safety profile of pemetrexed + cisplatin within the histology subgroups<sup>2</sup>

1. Data on file. Eli Lilly and Company

2. ALIMTA [Summary of Product Characteristics]. Eli Lilly and Co; Approved 08 April 2008.
# Significant treatment-related differences observed by histology type



# Gender, Smoking, PS, ethnics are prognostic factors

			Survival	(months)		
		Cisplatin/Pemetrexed		Cisplatin/Gemcitabine		Adjusted
Characteristic	No. of Patients	Median	95% CI	Median	95% CI	Hazard Ratio
Age						
< 65 years	1,118	10.3	9.6 to 11.3	10.3	9.6 to 11.3	0.97
≥ 65 years	607	10.1	9.2 to 12.0	10.2	8.5 to 11.2	0.88
Sex						
Males	1,210	9.6	8.8 to 10.2	9.9	9.1 to 10.6	0.98
Females	515	13.3	12.3 to 15.0	11.4	10.2 to 12.7	0.84
Race						
White	1,349	10.0	9.3 to 10.8	10.1	9.3 to 10.8	0.93
East/South East Asian	220	13.8	10.2 to 17.1	11.9	9.0 to 14.7	0.88
All other	156	9.9	8.6 to 12.8	11.5	9.6 to 14.1	1.34
Smoking status*						
Former/current smoker	1,266	10.0	9.4 to 11.1	10.3	9.5 to 10.9	0.93
Never-smoker	250	15.9	13.8 to 20.2	15.3	12.1 to 22.9	1.00
Disease stage						
IIIB	415	11.9	10.0 to 14.2	11.3	9.6 to 13.1	0.89
IV	1,310	10.0	9.3 to 10.8	10.1	9.3 to 10.8	0.95
Performance status†						
0	612	13.4	11.9 to 14.9	12.2	11.3 to 13.4	0.91
1	1,110	9.1	8.1 to 9.9	9.0	8.3 to 9.8	0.95
	Scagliotti	GV et al, J Clii	n Oncol 2008 20;3	543-51		38

### Phase III Trial of Maintenance Pemetrexed in Advanced NSCLC

Double-blind, Placebo-controlled, Multicenter, Phase III Trial



Ciuleanu. *ASCO*. 2008 (abstr 8011)

## **Progression-free Survival**



40

## **Overall Survival (Intent-to-treat Population)**



# **Efficacy by Histologic Groups**

Histology Groups						
	Median OS, mos			Median PFS, mos		
	Pem	Plac	<i>P</i> -value (HR)	Pem	Plac	<i>P</i> -value (HR)
Non-squamous	15.5	10.3	0.002	4.4	1.8	<0.00001
(n=481)			(0.70)			(0.47)
Adeno	16.8	11.5	0.026	4.6	2.7	<0.00001
(n=329)			(0.73)			(0.51)
Large cell	8.4	7.9	0.964	4.5	1.5	0.104
(n=20)			(0.98)			(0.40)
Other		7.7	0.025	4.1	1.6	0.0002
(n=133)			(0.61)			(0.44)
Squamous	9.9	10.8	0.678	2.4	2.5	0.896
(n=182)			(1.07)			(1.03)

# Survival with ALIMTA is comparable to docetaxel for second-line treatment of advanced NSCLC



# JMEI: Retrospective Analysis of Histology and Survival

Nonsquamous\* (n=399)

Squamous (n=172)



Peterson et al., JTO 2, 8 (suppl4), 851 (Abstr. P2-328), 2007

# NSCLC: Pemetrexed is more effective in patients with non-squamous tumors



Peterson et al., JTO 2, 8 (suppl4), 851 (Abstr. P2-328), 2007

# TS gene expression level is higher in Squamous NSCLC



TS: Thymidylate Synthase

Ceppi P et al. Cancer .2006;107:1589-1596.

# Treatment selection based on clinical parameters

Pathology Gender Smoking status Performance status Age Response/reaction to therapy

# **NSCLC: Bevacizumab following Standard Triplet CT**



# Histology as a predictive factor – VEGF

- Histology may also be useful in defining patient population based on safety
- Phase-2 trial of an anti-VEGF agent in 67 patients
  - Similar efficacy in squamous and adeno groups
  - Life threatening pulmonary haemorrhages in 6 patients
    - > 4/13 patients (31%) had squamous carcinoma
    - > 2/54 patients (4%) had adenocarcinomas
- Squamous cell tumours
  - more frequently centrally located
  - have a greater tendency to cavitate as compared to adenocarcinoma

## Present Standard at USA: ECOG 4599 for Non-Squamous Cell Carcinoma



Sandler NEJM 2006

# Treatment selection based on clinical parameters

Pathology Gender Smoking status Performance status Age Response/reaction to therapy

# Lung Cancer in Never Smokers

#### At a glance

- About 25% of lung cancer cases worldwide are not attributable to tobacco smoking. Thus, lung cancer in never smokers is the seventh leading cause of cancer deaths in the world, killing more people every year than pancreatic or prostate cancers.
- Globally, lung cancer in never smokers demonstrates a marked gender bias, occuring more frequently among women. In particular, there is a high proportion of never smokers in Asian women diagnosed with lung cancer.
- Although smoking-related carcinogens act on both proximal and distal airways inducing all the major forms of lung cancer, cancers arising in never smokers target the distal airways and favour adenocarcinoma histology.
- Environmental tobacco smoke (ETS) is a relatively weak carcinogen and can only
  account for a minority of lung cancers arising in never smokers.
- Although multiple risk factors, including environmental, hormonal, genetic and viral factors, have been implicated in the pathogenesis of lung cancer in never smokers, no clear-cut dominant factor has emerged that can explain the relatively high incidence of lung cancer in never smokers and the marked geographic differences in gender proportions.
- Molecular epidemiology studies, in particular of the TP53, KRAS and epidermal growth factor receptor (EGFR) genes, demonstrate strikingly different mutation patterns and frequencies between lung cancers in never smokers and smokers.
- There are major clinical differences between lung cancers arising in never smokers and smokers and their response to targeted therapies. Indeed, non-smoking status is the strongest clinical predictor of benefit from the EGFR tyrosine kinase inhibitors.
- The above-mentioned facts strongly suggest that lung cancer arising in never smokers is a disease distinct from the more common tobacco-associated forms of lung cancer.
- Further efforts are needed to identify the major cause or causes of lung cancers arising in never smokers before successful strategies for prevention, early diagnosis and novel therapies can be implemented.

# Lung Cancer in Never Smokers



Sun et al. Nature 2007;7:778-790

# iPASS - Study design



\*Never smokers, <100 cigarettes in lifetime; light ex-smokers, stopped ≥15 years ago and smoked ≤10 pack years; #limited to a maximum of 6 cycles Carboplatin / paclitaxel was offered to gefitinib patients upon progression

PS, performance status; EGFR, epidermal growth factor receptor

# **IPASS: Demography (ITT population)**

	Gefitinib, % (N=609)	Carboplatin / paclitaxel, % (N=608)
Age <65 years	73	74
Median age (range), years	57 (24-84)	57 (25-84)
Female <sup>a</sup>	79	79
WHO PS 0 / 1 / 2ª	26 / 64 / 10	26 / 63 / 11
Never smoker <sup>a</sup>	94	94
Light ex-smoker <sup>a</sup>	6	6
Mean smoking duration, years	11.5 (N=38)	14.5 (N=39)
Mean time since cessation, years	24.6 (N=38)	23.4 (N=39)
Metastatic disease	75	76
Time since diagnosis: <6 months	96	94
Chinese ethnicity <sup>b</sup>	52	50
Japanese ethnicity <sup>b</sup>	19	20

WHO, World Health Organization <sup>a</sup>1 of the 3 stratification factors <sup>b</sup>not the same as country of residence

# **Progression-free survival in ITT population**



Primary Cox analysis with covariates HR <1 implies a lower risk of progression on gefitinib

# Progression-free survival in EGFR mutation positive and negative patients

#### **EGFR** mutation positive

#### **EGFR** mutation negative



Treatment by subgroup interaction test, p<0.0001

ITT population Cox analysis with covariates

# Objective response rate in EGFR mutation positive and negative patients



# **PFS: Gefitinib vs. Paclitaxel/carbo in iPASS**



Cox analysis with covariates Green band is the 95% CI for the HR for "all patients" Treatment selection based on clinical parameters

> Pathology Gender Smoking status Performance status Age Response/reaction to therapy

### FLEX **Study design** Maintenance Cetuximab Chemotherapy + NSCLC until PD or Cetuximab intolerable toxicity wet IIIB/IV **FGFR**expressing Chemotherapy Cetuximab Chemotherapy (CT) Cisplatin 80 mg/m<sup>2</sup> day 1 initial dose 400 mg/m<sup>2</sup> Vinorelbine 25 (30) mg/m<sup>2</sup> days 1, 8 then 250 mg/m<sup>2</sup> weekly Every 3 weeks, up to 6 cycles



Pirker et al, J Clin Oncol 2008, 18S (Abstract 3)

61

## **FLEX Overall survival**



## FLEX: Overall survival and early acne-like rash



Gatzemeier et al. JTO 3, 11, 4, (Abstr. 8), 2008

# Conclusions

- Need to individualize treatment for patients based on clinical characteristics and biomarkers
- Clinical parameters may be surrogate markers for target biomarkers
- Clinical parameters are still useful in most part of the world when biomarker analysis are not available
- The clinical applications of biomarkers need to be proven in well-designed trials